

Clothing Packing List (Winter)

New Vision Wilderness provides tents, backpacks, sleeping bags/pads, and group gear. It is important that all students get an early start on putting together the appropriate clothing articles for their adventure. *Whenever possible, provide fibers such as nylon, fleece, wool, and poly-propylene. Do not pack cotton clothing!*

For your backpacking trip you will need:

- 4-6 pairs of warm hiking socks
- 1 pair insulated winter boots (suggest a rating of -40°)
- 1 winter jacket (water proof or resistant)
- 1 pair insulated snow pants or bibs (water proof or resistant)
- 1 pair of nylon, wool, or fleece active pants (no blue jeans)
- 3-4 pairs underwear
- 1-2 pairs of thermal long underwear (synthetic fibers preferred)
- 3 t-shirts (synthetic fibers preferred)
- 1 winter hat
- 2 pairs winter gloves (insulated)
- 1 long sleeve t-shirt
- 1-2 sweatshirts/fleece tops
- 1 hat/bandana
- 1 pair sunglasses
- flash light/headlamp
- toiletries
- 1-2 water bottles

Optional:

- Balaclava, scarf, other warm clothes
- camera
- book
- journal
- card games

Don't bring:

- CD/mp3 players/video games/cell phones
- tobacco/alcohol/drugs
- lighters/matches
- knives/weapons

New Vision Wilderness is an adventure program! Come ready to be challenged and excited to work with and meet new people. New Vision Wilderness backpacking trips cover between 5-10 miles a day. *So get outside and exercise prior to trip departure!*

