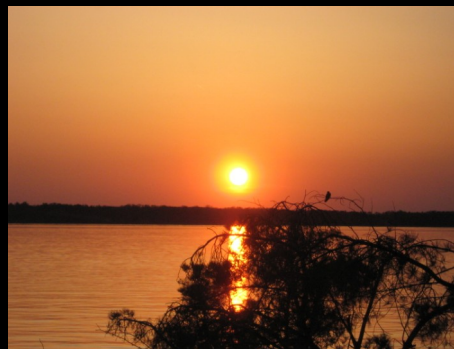


New Vision Wilderness

Therapeutic Outdoor Programs



New Vision Wilderness believes that it is crucial to involve the entire family in the healing process. Our family programs utilize the outdoors and family sessions to focus on increasing the communication amongst family members, while building strong family ties. Families participate in wilderness programming as well as pre and post trip sessions. Using the wilderness in this process allows the family to work on an even level, while building comfort zones and increasing vulnerability together.

Standard Intervention Program (included for all 21-Day Immersion participants)

Our standard intervention program is included in our 21 day Immersion youth program and serves as an excellent opportunity to bridge the gap between the youths experience on our various wilderness programs and their home life. This program is a fun filled day with each family working together amongst themselves to create transformation. The program is held just outside of West Bend Wisconsin on a beautiful 100 acre nature conservancy filled with meandering hiking trails, and includes a swimming beach on a crystal clear spring feed lake. See www.cedarcommunity.org for more info.

Intensive Family Transformation Programs

Family Programs can include wilderness backpacking or canoeing, Father/Son or Mother/Daughter Experiences, and Family Weekends. All programs include equipment and food. Our Intensive family program creates dynamic shifts in family systems. Families will walk away with a better understanding on their individual families system and gain the tools to change things for the better.

Each program includes intensive training in stress management, shifting family systems dynamics, and a extensive private review of each individuals families need for change. The trainings offered are dynamic and have received highly positive reviews throughout the state.

Family Transformation Agenda

Day 1

- 10am Check-In
- 11am Group Introductions
- 11am Transformation Testimonials from 21 day Immersion Students
- 12pm Lunch
- 1pm Family Hikes Lead by Youth
- 2pm Family Low Ropes Course Experience
- 3pm (Graduation for Non Intensive Family Students)
- 5pm Dinner
- 8pm Reflection/Free time

Intensive Family Program Agenda

Day 2

- 8am Breakfast
- 9am Crossing the River: Adolescent Resistance Training (Parents Only)
- 10am Molding the Flock: Family Dynamics Training
- 11am Reflection/Free Time
- 12pm Lunch
- 1pm Individual Family Dynamics Sessions
- 2pm Reflection/Free Time
- 3pm HeartMath Stress Management Training
- 4pm Family Solo Experience
- 5pm Group Closing Ceremony and Graduation

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