

New Vision Wilderness YOQ 2.0 SR Sample Size Data Report

New Vision Wilderness has utilized data from the Y-OQ 2.0 Self-Report assessment tool in order to measure the effectiveness of its 21 day expedition as a viable adolescent treatment option. The YOQ®-2.0 SR is designed to serve as an additional source of data in tracking treatment progress for adolescents ages 12-18 receiving mental health treatment. To be clinically significant there must be an 18 or higher point decrease(improvement) between the pre and post scores.

A random two client sampling was taken from each of the seven 21-day wilderness expeditions occurring between June and September 2010. The sample size includes 14 out of 46 total trip participants.

Client self-report mean Y-OQ scores were 82.6 at admission and 56.5 at discharge, indicating an average score reduction of 26.1 points. This demonstrates a clinically significant improvement after participation in the New Vision Wilderness 21-day program.

